Zitate

“A person will only accept the truth of your illness insofar as they are able to emotionally cope with it. Everything else is unconsciously relegated to some form of denialism.

This applies to doctors as well.

And speaks to the emotional fragility of the ordinary human.”

Thane Black

X (Twitter): @thane_black

“We need to brace ourselves for a struggle against terrifying obstacles, both of our own making and imposed by the natural world. And the first step is to recover from the mass delusion that is positive thinking.”

Barbara Ehrenreich: Bright-sided

Buch „Bright-sided“:
https://books.google.at/books/about/Bright_sided.html?id=wxJlvB7bCO4C&redir_esc=y

Buch „Smile or die“:
https://books.google.at/books/about/Smile_or_die.html?id=BP3LSAAACAAJ&redir_esc=y

“We've said it before and we'll say it again. ME/CFS patients do not reject the GET/CBT treatment paradigm because we believe mental illness is shameful. We reject it because we have already tried it and IT DID NOT WORK.”

Rachel Stanton

X (Twitter): @RachelMEcfs

Link zu tweet:

“ME/CFS is to fatigue what a nuclear bomb is to a match. It's an absurd mischaracterization.”

Laura Hillenbrand

Link zu Zitat:
https://www.instagram.com/p/Ca5YEyXvM83/?igshid=MzRlODBiNWFlZA%3D%3D

> “I got a PhD. That was hard. I've climbed mountains. That was hard. But enduring Whitney's illness is the most difficult thing I've done in my life, by a factor of thousands.”

Janet Dafoe, PhD, mother of Whitney Dafoe

Link zu CNN Artikel:

> “Spontaneity and humanity are the spells of death for ME/CFS patients. We must become robots or we wither and die.”
>
> Whitney Dafoe

Link zu Blogbeitrag:
https://www.whitneydafoe.com/mecfs/?post=fuck-you-me-cfs

“Just because something is complicated and difficult, we cannot ignore the patients and dismiss their suffering.”

Prof. Akiko Iwasaki, recipient of the Johadamis ME/CFS Research Grant, WE&ME-Stiftung (vormals TEMPI-Stiftung)

X (Twitter): @VirusesImmunity

Link zu Zitat:
https://www.instagram.com/p/CS8W-fPrNHj/?igshid=MzRlODBiNWFlZA%3D%3D

Link WE&ME-Stiftung:
https://www.weandmecfs.org/

“There is no longer a basis for being skeptical about whether there are underlying biological abnormalities in ME/CFS. Those who remain wary of the illness simply have not read the published scientific literature on the subject.”

Prof. Anthony Komaroff, Harvard Medical School

Link zu Artikel:
https://www.theguardian.com/society/2022/feb/03/long-covid-fight-recognition-gaslighting-pandemic

“I was not just unlucky. The ignorance surrounding my disaase has been a choice. A choice made by the institutions that were supposed to protect us. (...) Even though these diseases disproportionally affect women, they are not women's diseases. ME affects children, and ME affects millions of men. (...) We need to think in more nuanced ways about women's health. Our immune systems are just as much a battleground for equality as the rest of our bodies. (...) We need to listen to patients' stories, and we need to be willing to say ‘I don't know’. I don't know is a beautiful thing. I don't know is where discovery starts.”

Jennifer Brea

Link zu TED Talk:
https://www.youtube.com/watch?v=Fb3yp4uJhq0

> “There’s a major, major stumbling block and that’s that the medical profession still doesn’t know the difference between a post-viral multi-system disease and anxiety.”

Nina Muirhead

Link zu Artikel:
https://www.theguardian.com/australia-news/2021/jun/30/i-felt-betrayed-how-covid-research-could-help-patients-living-with-chronic-fatigue-syndrome

“ME/CFS can be compatible with life, but incompatible with living. There’s a saying for the living, if you don’t use it, you lose it. The paradox of ME/CFS is that if you use it, you will lose it, either temporarily or permanently. It’s the quicksand of the disease world.”

Elizabeth Weaver

X (Twitter): @NeuroWeaverATL

Link zu tweet:

> “For the end of my life I had always envisioned to die quickly, but not to be stuck shortly before the end for endless years.”

Sibylle Dahrendorf

X (Twitter): @sibylle_berlin

“Illness makes people face a horrifying reality that some people will get a gold metal in mental gymnastics to deny.”

N. Crawford

X (Twitter): @NSorexCrawfordi

Link zu tweet:

“Illness is the night-side of life, a more onerous citizenship. Everyone who is born holds dual citizenship, in the kingdom of the well and in the kingdom of the sick. Although we all prefer to use only the good passport, sooner or later each of us is obliged, at least for a spell, to identify ourselves as citizens of that other place.”

Susan Sontag: Illness as Metaphor

Link zu wikipedia:

“Thank you to every ME/CFS organization and advocate. You're the big brothers and sisters Long Covid patients didn't know they needed but are to glad we have...”

Chimére L. Smith

X (Twitter): @chiluvs1

Link zu Zitat:
https://www.instagram.com/p/CWvhZhdJj33/?igshid=MzRlODBiNWFlZA%3D%3D